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### PERIODONTAL PRE-SURGICAL INSTRUCTIONS

1. Please try to get a good night's sleep prior to the procedure. You will feel much better if you do.
2. Please **DO NOT** take **aspirin** the day before or the day of the procedure. If you must, or have taken any of these medications, please inform the doctor prior to the procedure.
3. Please eat a normal breakfast or lunch, as none of the medications will upset your stomach, unless you are being sedated intravenously.
4. If you are a **diabetic**, please remember to take your diabetes medication. If you have **high blood pressure**, please remember to take your blood pressure medication.
5. If your appointment requires **IV sedation** or have taken any **premedication** that can alter your ability to drive, you will need to prearrange transportation home following the procedure. Our concern is for your safety.
6. Please remember to maintain your excellent level of oral hygiene, both prior to and after surgery, as they will enhance the early and long term results.
7. Please continue to take nutritional supplements recommended for you, both prior to and after surgery, as they will enhance the early and long term results.
8. If you have an **artificial heart valve or joint replacement**, please remember to take your antibiotics one hour before your appointment.
9. You will be returning to our office one week following surgery to evaluate your healing and to go over additional instructions.

It has been our experience that patients are pleasantly surprised by the relaxed pace. Our main concern is YOU, as a person, and your comfort and improving oral health. If there is anything special you wish done, or any special questions answered, please ask any staff member.

A \$100.00 SET UP FEE WILL BE CHARGED IN THE EVENT OF A  
CANCELLATION MADE LATER THAN 48 HOURS BEFORE THE SCHEDULED  
APPOINTMENT.